Do You Have Time for Success?

Did You Know?
For every hour you are in a lecture class you should plan two hours outside of class to study every week? (Of course, some classes will require more hours of study and some may require less.) How many hours of classroom lecture are you in every week? (For most students, this is the same as the number of units in which you are enrolled.)

\[
\frac{\text{Hours of lecture per week}}{2} = \frac{\text{Total Hours of study week}}{\text{Total Hours designated for College}}
\]

When you multiply the number of hours you are in a lecture class by two, how many hours should you study for these classes every week?

A guide to Balance School & Work
If You Work .................................................. Take No More Than

40 hours per week ........................................ 6 units
30 hours per week ........................................ 9 units
20 hours per week ........................................ 12 units
5 to 15 hours per week ................................ 14 – 16 units