



Free Career Training Classes

Introduction to Culinary Arts

Mt. San Jacinto College Adult Education is offering an **Introduction to Culinary Arts Program**

What will students learn in this Non-Credit Adult Education Culinary Arts program?

Classes combine basic elements like health and sanitation, food storage, or classic cooking and flavor skills with diverse and unique explorations of naturopathic approaches to food, sustainable methods like regenerative farming, alternative ingredients in dietary trends, and menu and recipe curation. Special topics include gut-brain connection and good bacteria discussed with an activity like fermentation.

How do these classes support career preparation?

Although accessible to beginners, this program is also a tool for expanding from one section of industry to another, as a preface to other programs like culinary school or an associate's degree in culinary arts, or to gain insight on what it means to work before investing extensive time and effort.

These classes prepare students to begin a career in food science, nutritional health, industrial food supply, or in their own small business. Students will gain insight ranging from what owning your own business means to how to build sustainable relationships with other participants in the food system from farm to table.

Classes include an embedded counseling support for career and credit coursework transitions at the culmination of program.

Classes are taught by an award-winning industry professional, Chef Leah Di Bernardo.

Intro to Culinary 101 is an unprecedented crash-course on all things food—meant to introduce students to a broad variety of skills and experiences in culinary, nutrition, and the food system as a whole.

Intro to Culinary 102 is an advanced course with an emphasis on the art of butchery, sauce making, and plating. Students will experience extended learning and develop skill sets from top regenerative food producers and industry chefs in Southern California.



Introduction to Culinary 1

Wednesday
Sept 7 - Dec 7
4:00p.m. - 6:00p.m.



Introduction to Culinary 2

Thursday
Sept 8 - Dec 8
4:00p.m. - 6:00p.m.



Temecula Valley High School

31555 Rancho Vista Rd, Temecula, CA 92592

Enrollment Information

Register Online

- Go to msjc.edu/adulted
- Click on "Enroll Now"
- Follow Online Registration Steps

For further information
email:

AdultEducationandNon-Credit@msjc.edu

Phone: 951-487-3707

MSJC Adult Education

For more information or if you have any questions, call
(951) 487-3707 or visit our website at www.msjc.edu/AdultEd





Free Career Training Classes

Introduction to Health Careers

Mt. San Jacinto College Adult Education is offering an
Introduction to Health Careers

This course provides an introduction to the Health Care Industry and possible career pathways.

Topics will include:

- CPR Techniques
- Diagnostic Testing
- Vital Signs
- Care Regimens
- Disease Prevention
- Workplace Practices
- Health Industry Guest Speakers



Introduction to Health Careers

Wednesday

Sept 7th - Dec 14th

10:00 a.m. - 1:30 p.m.

Building 900, Room 932

Instructor: Melanie Johnson



Menifee Valley Campus
28237 La Piedra Road
Menifee, CA 92584

Enrollment Information

Register Online

- Go to msjc.edu/adulted
- Click on "Enroll Now"
- Follow Online Registration Steps

For further information
email:

AdultEducationandNon-Credit@msjc.edu

Phone: 951-487-3707

MSJC Adult Education

For more information or if you have any questions, call
(951) 487-3707 or visit our website at www.msjc.edu/AdultEd





Free Career Training Class College and Career Planning

Mt. San Jacinto College Adult Education is offering a free class:

College and Career Planning (CCP)

This class focuses on life planning, personality, career exploration and how that relates to jobs and school. Students will research careers and college majors, and learn steps on building resume writing and interviewing skills.



College and Career Planning

Wednesday

Aug 31 — Sept 28

12:30p.m. — 3:00p.m.

Room: TBA



Menifee Campus

28237 La Piedra Rd.

Menifee, CA 92584

Enrollment Information

Register Online

- Go to msjc.edu/adulted
- Click on "Enroll Now"
- Follow Online Registration Steps

For further information email:
AdultEducationandNon-Credit@msjc.edu

Phone: 951-487-3707



Free Career Training Class

Introduction to Nonprofit Industry and Employment

Mt. San Jacinto College Adult Education is offering an

Introduction to Nonprofit Industry and Employment

In this class, students learn why nonprofit organizations are needed and how they operate.

Students will understand the impact of nonprofits within their local community, the country, and the world.

Students will gain skills in recognizing personal experiences, strengths, and interests. Students will also explore careers in the nonprofit sector.



Introduction to Nonprofit Industry and Employment

Tuesdays
Sept. 14th - Nov. 15th
6:00p.m. - 8:00p.m.



Habitat for Humanity Inland Valley

41615 Winchester Road
Suite 214
Temecula, CA 92591

Enrollment Information

To Register click on this link below:

<https://forms.gle/8HFGcyY6Kc8GAXRQ9>

- If you need assistance please e-mail: AdultEducationandNon-Credit@msjc.edu
- Phone: 951- 487-3707



Free Career Training Class

College and Career Planning with Soft Skills

Mt. San Jacinto College Adult Education is offering a class
in:

College and Career Planning with Soft Skills

This class will focus on understanding and improving specific workplace skills, as well as reviewing the top skills employers are looking for.

Interactive group activities are used to help students learn, develop, and improve their communication, problem solving, professionalism and teamwork skills. Students will learn about resume writing, interviewing skills and their strengths to communicate with employers.



College and Career Planning with Soft Skills

Monday Online

Aug 29 — Oct 3

6:00p.m. — 8:30p.m.



Online

Enrollment Information Register Online

- Go to msjc.edu/adulted
- Click on "Enroll Now"
- Follow Online Registration Steps

For further information
email:
AdultEducationandNon-Credit@msjc.edu

Phone: 951-487-3707





Free Career Training Class Construction Pre-Apprenticeship

Mt. San Jacinto College Adult Education, The Southwest Regional Council of Carpenters, and Habitat for Humanity is partnering to offer a

Construction Pre-Apprenticeship Class

This pre-apprenticeship program will teach basic construction and carpentry skills, terminology, blueprint reading, applied mathematics for construction, and more.

Students will earn their CPR and OSHA-10 certifications and prepare for paid employment opportunities in the building trades.



Construction Pre-Apprenticeship

Sept 10 — Nov 5

Monday Online

5:30p.m. — 8:30p.m.

Saturday

8:00a.m. — 1:00p.m.



Habitat for Humanity Inland Valley

28410 Vincent Moraga Dr.
Temecula, CA 92590

Enrollment Information

This class will meet In-Person
and Online.

Register Online

- Go to msjc.edu/adulted
- Click on "Enroll Now"
- Follow Online
Registration Steps

For further information
email:

AdultEducationandNon-
Credit@msjc.edu

Phone: 951-487-3707



Free Career Training Class

Introduction to Business Communication

Mt. San Jacinto College Adult Education is offering a class in:

Introduction to Business Communication

In this course, students will develop the skills necessary to communicate effectively in a professional business environment and learn how to prepare basic business documents including letters, memos, and presentations.

Topics include Employer expectations, success skills, basic business etiquette, and business professionalism.



Introduction to Business Communication

Thursday
Sept 1 — Dec 15
12:30p.m. — 2:30p.m.
Instructor: Deborah
Abrams



Azusa Pacific University

40508 Murrieta Hot
Springs Rd.
Murrieta, CA 92563

Enrollment Information

Register Online

- Go to msjc.edu/adulted
- Click on "Enroll Now"
- Follow Online Registration Steps

For further information
email:

AdultEducationandNon-Credit@msjc.edu





Free Career Training Class Introduction to Business Communication

Mt. San Jacinto College Adult Education
is offering an
Introduction to Business Communication

In this ONLINE course, students develop the skills necessary to communicate effectively in a professional business environment and learn how to prepare basic business documents including letters, memos, and presentations.

Topics include employer expectations, success skills, basic business etiquette, and business professionalism.



Introduction to Business Communication

Tuesdays

Aug 30 — Dec 13

6:00 p. m. — 8:00 p. m.



ONLINE

Enrollment Information

Register Online

- Go to msjc.edu/adulted
- Click on "Enroll Now"
- Follow Online Registration Steps

For further information
email:
[AdultEducationandNon -
Credit@msjc.edu](mailto:AdultEducationandNon-Credit@msjc.edu)

Phone: 951-487-3707



Free Career Training Class

Principles of Digital Communication

Mt. San Jacinto College Adult Education is offering a class in:

Principles of Digital Communication

This class will provide students with the foundational computer-related skills involved in digital media such as successfully navigating files and using Photoshop Elements.

Instruction will include how to structure, transfer, and navigate basic image files. This class prepares students wanting to enter into MSJC Digital Media certificate and degree programs.



Digital Communication

Thursdays

Sept 1 — Dec 15

5:00p.m. — 9:00p.m.



Online

Enrollment Information

Register Online

- Go to msjc.edu/adulted
- Click on "Enroll Now"
- Follow Online Registration Steps

For further information
email:
AdultEducationandNon-Credit@msjc.edu

Phone: 951-487-3707



Free Career Training Class Introduction to Business Communication

Mt. San Jacinto College Adult Education
is offering a free class in:

Introduction to Business Communication

In this course, students develop skills necessary to communicate effectively in a professional business environment and learn how to prepare basic business documents including letters, memos, and presentations.

Topics include employer expectations, success skills, basic business etiquette, and business professionalism.



Introduction to Business Communication

Tuesdays

Aug 30 — Dec 13

4:00 p. m. — 6:00 p. m.



San Jacinto/Online (Hybrid)

San Jacinto Campus
1499 N. State Street.
San Jacinto, CA 92583

Enrollment Information

Register Online

- Go to msjc.edu/adulted
- Click on "Enroll Now"
- Follow Online Registration Steps

For further information
email:
[AdultEducationandNon -
Credit@msjc.edu](mailto:AdultEducationandNon-Credit@msjc.edu)

Phone: 951-487-3707



Free Career Training Class

Light Duty Automotive Service Technology

Mt. San Jacinto College Adult Education is offering a class in:

Light Duty Automotive Service Technology

Students will learn hands-on training and instruction in basic automotive repair and maintenance.

This course will prepare students to enter the MSJC Automotive Technology certificate and degree programs.



Light Duty Automotive Service Technology

Friday

Sept 9 — Dec 9

6:00p.m. — 9:00p.m.



San Jacinto Campus
1499 N. State Street. San
Jacinto, CA

Location: Bldg. 900

Enrollment Information

Register Online

- Go to msjc.edu/adulted
- Click on "Enroll Now"
- Follow Online Registration Steps

For further information
email:
[AdultEducationandNon-
Credit@msjc.edu](mailto:AdultEducationandNon-Credit@msjc.edu) Phone:
951-487-3707





Free Career Training Class Introduction to Child Development

Mt. San Jacinto College Adult Education is offering a free class in:

Introduction to Child Development

This course prepares students to pursue a career in the field of childcare for infants, toddlers, and young children. Students study child growth and development, safety and emergency procedures, nutrition, positive interaction, and curriculum activities.

This course is also designed to assist students to acquire career awareness, work habits, attitudes, and skills relevant to the childcare field.



San Jacinto Campus

1499 N State St.
San Jacinto, CA 92583
Child Development Bldg



Menifee Campus

28237 La Piedra Rd.
Menifee, CA 92584



Introduction to Child Development

Tuesday

Aug 30 — Dec 13

12:30p.m. — 2:30p.m.

Room 2121



Introduction to Child Development

Thursday

Sept 1 — Dec 15

12:30PM — 2:30PM

Room TBA

Enrollment Information

Register Online

- Go to msjc.edu/adulted
- Click on "Enroll Now"
- Follow Online Registration Steps

For further information email:
AdultEducationandNon-Credit@msjc.edu

Phone: 951-487-3707