

WALKTTMBER

2026

Walktober Challenge — A celebration of fall and the joy of walking

Registration: September 28—October 11 | **Challenge Dates:** October 5 —November 15

Last Day to Log Activity: November 18

It's that time of year again. The *Walktober 2026 fall fitness challenge* is your invitation to get outside and start moving to rejuvenate your wellness goals. This year's challenge has all-new features and benefits that will make stepping up to better health even more fun and rewarding. You'll be taken on a virtual color tour through some of the world's most vibrant, breathtaking landscapes — while boosting energy, improving mood, and making walking a priority...during the fall and beyond.



**CHALLENGE GOAL: EARN 30 LEAVES
FOR YOUR CHANCE TO WIN A \$50 E-
GIFT CARD!**



Don't miss out! Register TODAY at:
<https://reepwellness.walktober.com>

Eligibility: All REEP employees, spouses, domestic partners or adult dependents aged 18 and older enrolled in the REEP Anthem Blue Cross or Kaiser Permanente medical plan are eligible to participate in the challenge, but only REEP employees are eligible for incentives. On the registration page indicate whether you're an employee or household member in the registration dropdown, and choose the employee's associated district from the District dropdown.





WALKTOBER Challenge REWARDS!

Incentive Category	Action required by Participant	Rewards
Team Excellence (Top 3 teams)	All employee members of the top 3 teams (teams must be a minimum of 4 and maximum of 5 members to qualify for the team prizes; drawing if there is a tie.)	\$50 e-gift card (each team member will receive an e-gift card)
Individual Achievement (15 participants randomly selected)	Earn 30+ leaves to complete the challenge	\$50 e-gift card
District Spirit (10 participants randomly selected)	Districts with highest participation rate (not just completion)	\$50 e-gift card
Consistency Champions (10 participants randomly selected)	Participants who log activity every day of the challenge (42 days)	\$50 e-gift card
Peer-Nominated Wellness Stars (10 participants randomly selected)	Nominate your peers for motivation, support, or creativity by tagging them via the community wall	\$50 e-gift card

60 prizes total!

*(Please note: gift card rewards are taxable by the IRS as employee income.)

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