Come join this fun profession and be a part of what Fortune Magazine & ABC NEWS.com states as the 4th hottest job in the U.S. at a national average of $34 an hour. Employers like 24 Hour Fitness, LA Fitness and Gold’s Gyms are just a few of the club groups that seek out our graduates. Whether a career move or for your own personal knowledge get all the information you need to become a Certified Personal Trainer. This challenging course is taught over a 5-week period for better retention and skill competency. The National Exam is held on the 6th week.

60-hour program and is comprised of:
- 15 hours of lecture in the classroom
- 15 hours of hands on practical training in a gym
- 30-hour internship that networks many graduates right into a job.

The class prepares you for success with key topics that include biomechanics, exercise physiology, fitness testing, and equipment usage and health assessment.