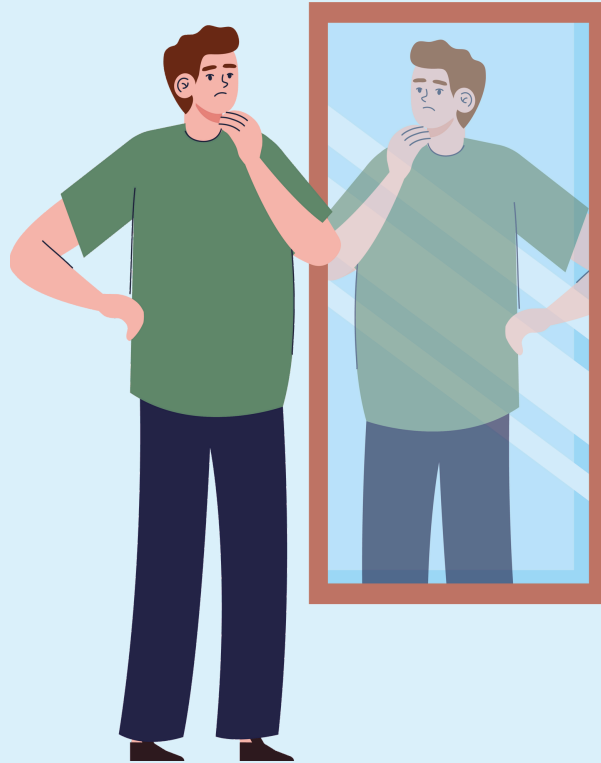


SELF ESTEEM GROUP

6 WEEKLY SESSIONS

10/09 - 11/13

WEDNESDAYS 12:30PM - 1:30PM



Feeling self-doubt or lacking confidence?

Join our Self-Esteem Support Group for a safe, supportive space to connect and build a positive self-image

SIGN UP

**MUST BE REGISTERED BY 10/01/24
CALL 951-465-8371 TO REGISTER NOW**