

Health & Welfare – Contact Information

Anthem HMO	(800) 227-3771	www.anthem.com/ca
Anthem PPO	(800) 627-7244	www.anthem.com/ca
Anthem PPO w/HSA	(888) 224-4911	www.anthem.com/ca
Anthem PPO DENTAL Plan	(877) 567-1804	www.anthem.com/ca
Anthem PPO Elements – Minimum Value Plan	(800) 627-7244	
Colonial Bridge Benefits	(800) 325-4368	www.ColonialLife.com
College Tuition Plan (Colonial Life)	(855) 400-0796	www.Collegetuitionbenefit.com
Delta Dental DPO-PPO/Incentive	(866) 499-3001	www.deltadentalca.com
Express Scripts (Prescription Issues)	(888) 806-4969	www.expressscripts.com
Hyatt Legal Services	(800) 821-6400	
ID Theft Protector	(866) 914-3349	
Kaiser Permanente HMO	(800) 464-4000	www.kp.org
MES Vision Plan	(800) 877-6372	www.mesvision.com
MetLife LIFE INSURANCE	(800) 638-6420	
MetLife DHMO/Safe Guard Dental	(800) 880-1800	www.safeguard.net
MHN Behavioral Health/Employee Assistance Program (EAP)	(888) 327-0020	www.members.mhn.com (Code REEP)
United Healthcare HMO	(800) 624-8822	www.unitedhealthcare.com
Unum Long Term Care	(888) 868-6745	
VSP Vision Plan	(800) 877-7195	www.vsp.com
Apple Retirement	(800) 634-1178	
CalPERS Retirement	(888) 225-7377	www.calpers.ca.gov
CalSTRS Retirement	(800) 228-5453	https://www.calstrs.com