

## *Nutrition and Dietetics: Associate in Science for Transfer*

### *CSU*

The Nutrition and Dietetics program offers students the opportunity to explore the health impacts of personal eating habits. The program answers questions like: how do personal food choices impact energy levels, ability to manage weight, and future risk for disease? Popular course topics include how the body functions, popular diets and macronutrient distributions, physical fitness, healthful cooking methods, and organics and sustainability.

**Please see a Pathways Counselor:** Create an education plan customized to meet your needs. [Contact a Counselor](#)

#### **Transfer Majors/Award Focus**

- Nutrition and Dietetics, A.S.-T CSU

#### **GE Pattern/Units**

- GE Pattern: Option B
- Total Units: 67



**Program maps** indicate the major coursework and recommended general education courses to fulfill your degree in 2 years (approximately 15 units/ semester or 30 units/year). Some of the courses listed may be substituted by another course. Please view these options in the official course [catalog](#).

#### **Semester 1**

**15 Units**

✓	COURSE	TITLE	UNIT
<input type="checkbox"/>	ENGL-101	College Composition	4
<input type="checkbox"/>	MATH-105	College Algebra	4
<input type="checkbox"/>	ANAT-101	Human Anatomy & Physiology I	4
<input type="checkbox"/>	NUTR-101	Introduction to Nutrition Science	3

#### **Semester 2**

**16 Units**

✓	COURSE	TITLE	UNIT
<input type="checkbox"/>	ENGL-103	Critical Thinking and Writing	3
<input type="checkbox"/>	BIOL-150	General Biology I	4
<input type="checkbox"/>	ANAT-102	Human Anatomy & Physiology II	4
<input type="checkbox"/>	CHEM-101	General Chemistry I	5

#### **Career Options**

Clinical Nutrition (B, M)

Nutrition Consulting (B, M)

Diet Technician (SM)

Find more careers: [msjc.emsicc.com](http://msjc.emsicc.com)

Required Education: SM: some college; C: Certificate; A: Associate,  
 B: Bachelor's, M: Master's; D: Doctorate



#### **Financial Aid**

Financial aid is determined by the number of credit hours you take in a semester. Maximize your financial aid by taking 12-15 units per semester.

**Summer****3 Units**

✓	COURSE	TITLE	UNIT
<input type="checkbox"/>	COMM-100	Public Speaking	3

**Semester 3****17 Units**

✓	COURSE	TITLE	UNIT
<input type="checkbox"/>	CHEM 102	General Chemistry II	5
<input type="checkbox"/>	BIOL-125	Microbiology	5
<input type="checkbox"/>	PSYC-101	Introduction to Psychology	3
<input type="checkbox"/>	SPAN-101	Elementary Spanish I	4

**Semester 4****16 Units**

✓	COURSE	TITLE	UNIT
<input type="checkbox"/>	HIST-112	U.S. History Since 1865	3
<input type="checkbox"/>	NUTR-124	Principles of Foods with Lab	3
<input type="checkbox"/>	PS-101	Introduction to American Government and Politics	3
<input type="checkbox"/>	SPAN-102	Elementary Spanish II	4
<input type="checkbox"/>	DAN-100	History and Appreciation of Dance	3

**Work Experience**

Sign up for a special project or internship opportunity. Gain [work experience](#) and earn credits.