

Nutrition and Dietetics: Associate in Science for Transfer CSU

The Nutrition and Dietetics program offers students the opportunity to explore the health impacts of personal eating habits. The program answers questions like: how do personal food choices impact energy levels, ability to manage weight, and future risk for disease? Popular course topics include how the body functions, popular diets and macronutrient distributions, physical fitness, healthful cooking methods, and organics and sustainability.

Please see a Pathways Counselor: Transfer degrees require a minimum of 60 semester CSU transferable units or UC semester transferable units with a minimum 2.0 GPA overall. [Contact a Counselor](#) to create an education plan customized to meet your needs.

Transfer Majors/Award Focus

- Nutrition and Dietetics, A.S.-T CSU


GE Pattern/Units

- GE Pattern: Option B
- Total Units: 66

Program maps indicate the major coursework and recommended general education courses to fulfill your degree in 2 years (approximately 15 units/semester or 30 units/year). If you are a part-time student, start Semester 1 courses and follow the course sequence. Some of the courses listed may be substituted by another course. Please view these options in the official course [catalog](#).


Semester 1

15 Units

|  | COURSE | TITLE | UNIT |
|---|----------|-----------------------------------|------|
| <input type="checkbox"/> | ENGL-101 | College Composition | 4 |
| <input type="checkbox"/> | MATH-105 | College Algebra | 4 |
| <input type="checkbox"/> | ANAT-101 | Human Anatomy & Physiology I | 4 |
| <input type="checkbox"/> | NUTR-101 | Introduction to Nutrition Science | 3 |

Semester 2

16 Units

|  | COURSE | TITLE | UNIT |
|---|----------|----------------------------------|------|
| <input type="checkbox"/> | ENGL-103 | Critical Thinking and Writing | 3 |
| <input type="checkbox"/> | BIOL-150 | General Biology I | 4 |
| <input type="checkbox"/> | ANAT-102 | Human Anatomy & Physiology II | 4 |
| <input type="checkbox"/> | CHEM-101 | General Chemistry I ¹ | 5 |

Additional Information

¹CHEM 100 or 1 yr HS chemistry

Career Options

Clinical Nutrition (B, M)
 Nutrition Consulting (B, M)
 Diet Technician (SM)

Find more careers: msjc.emsicc.com

Required Education: SM: some college; B: Bachelor's, M: Master's


Financial Aid

Financial aid is determined by the number of credit hours you take in a semester. Maximize your financial aid by taking 12-15 units per semester.


Summer**3 Units**

|  COURSE | TITLE | UNIT |
|--|-----------------|------|
| <input type="checkbox"/> COMM-100 | Public Speaking | 3 |

Semester 3**16 Units**

|  COURSE | TITLE | UNIT |
|--|----------------------------|------|
| <input type="checkbox"/> CHEM 102 | General Chemistry II | 5 |
| <input type="checkbox"/> BIOL-125 | Microbiology | 4 |
| <input type="checkbox"/> PSYC-101 | Introduction to Psychology | 3 |
| <input type="checkbox"/> SPAN-101 | Elementary Spanish I | 4 |

Semester 4**16 Units**

|  COURSE | TITLE | UNIT |
|--|--|------|
| <input type="checkbox"/> HIST-112 or PS-101 | U.S. History Since 1865 or Introduction to American Government and Politics | 3 |
| <input type="checkbox"/> NUTR-124 | Principles of Foods with Lab | 3 |
| <input type="checkbox"/> HIST-160/ETHS-160 or LIT-275/ETHS-275 or LIT-280/ETHS-280 | Black History in the American Context or Latinx/Chicanx Literature or Multiethnic Literature | 3 |
| <input type="checkbox"/> SPAN-102 | Elementary Spanish II | 4 |
| <input type="checkbox"/> DAN-100 | History and Appreciation of Dance | 3 |

Work Experience

Sign up for a special project or internship opportunity. Gain [work experience](#) and earn credits.